

Goddess Tour to Egypt

25th October to 9th November 2021



Awaken the
Goddess

Sunday 24/10 /2021 (Arrival in Cairo)

I suggest that you arrive in Egypt a day before the tour officially starts so that you can rest and be ready for this beautiful healing journey.

I suggest booking a night at Le Meridien Airport Hotel (at your own expense). This hotel is in the airport building and you can walk there, no need to worry about taxis or anything else.

The whole group will be collected from Le Meridien Airport Hotel on Monday, 25/10/2021 at 10 am, and will then proceed to Steigenberger Pyramids Hotel.



Day 1 Monday 25/10/2021

- 🕒 You will be collected from Le Meridien Airport Hotel at 10am and then the entire group will be transferred to Steigenberger Pyramids Hotel.
- 🕒 We will start the retreat with a beautiful opening ceremony where you will be given guidance about the tour, we will set our intentions and get to introduce ourselves.
- 🕒 After the opening ceremony, we will have lunch at a local restaurant, where you will have the opportunity of experiencing true Egyptian Hospitality and of course the delicious Egyptian Cuisine.
- 🕒 After lunch, you will be checked into your room at Steigenberger Pyramids Hotel, and you will have the rest of the afternoon and evening to relax and settle in.

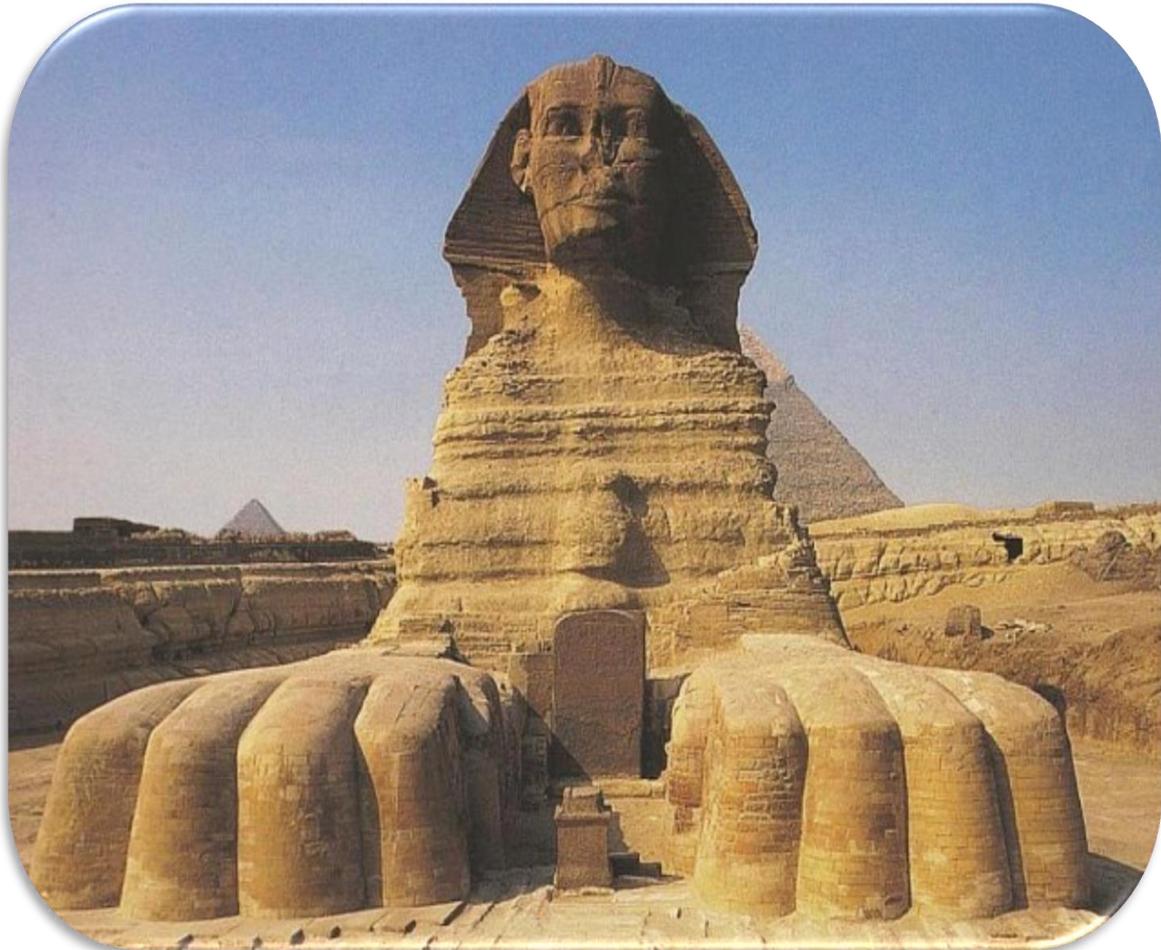
We will start working on healing this evening. At 6pm we will meet together and start working with the element of Fire, to burn away fears and what no longer serves us. We will also focus on the Third Eye Chakra and connecting to our intuition.



Dinner and Overnight at Steigenberger Pyramids Hotel

Day 2 Tuesday 26/10/2021

After Breakfast, we will have the honour and privilege to visit the Great Mother, Tefnut. Our group will have Private Entrance into this area and we will have time to meditate, honour and sit in a place of nurturing and being completely accepted by this Beautiful, Powerful, Mythical Matriarchal being, who is a perfect example of the Divine Feminine.



- 🌿 Tefnut, the Great Mother, also more commonly known as the Sphinx, has her home on the Giza Plateau.
- 🌿 She is older than 10 000 years, YES!!! You are reading correctly, ten thousand years, according to geological studies of the erosion surrounding this statue.
- 🌿 Tefnut was one of the Lion Headed Goddesses revered in Egypt.
- 🌿 She is the daughter of Ra, who created her, and she nurtures, mothers and loves all of humanity.
- 🌿 When you experience getting up close and personal with her, during our Private Visit, you will come to a realisation and inner knowing, that Tefnut, is in fact The Great Mother.

After our precious time spent with Tefnut, we will go and have breakfast at the hotel, and then continue to the Dashur Pyramids and the Healing Hospital at Saqqara.

We will start working on healing. We start working with the element of Fire, to burn away fears and what no longer serves us. We will also focus on the Third Eye Chakra and connecting to our intuition.

Dinner and Overnight at Steigenberger Pyramids Hotel

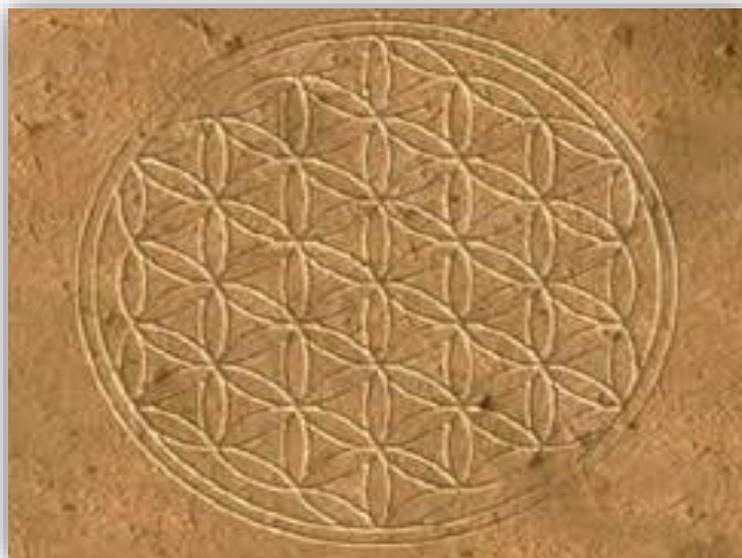
Day 3 Wednesday 27/10/2021

We Fly to Abydos

Here you will get to experience the phenomenal energy of the Temple and see where the Flower of Life is carved in the mysterious Osirion.

We stay overnight at the House of Life Hotel. This is a beautiful space and a replica of the temple, with beautiful meditation rooms, where we can let go and really work on opening our Hearts.

We will be working on the Heart Chakra and letting go of Pain, Sadness and Grief. We also continue working with the Element of Fire, to Burn away what no longer serves us.



Day 4 Thursday 28/10/2021

We depart from Abydos and travel to Dendara and the Temple dedicated to the Goddess Hathor.



Hathor is the Goddess of the Beautiful and Joyful things in Life. In this temple we discover the first depictions of the Zodiac signs. The Temple has recently gone massive restoration work, to reveal the most exquisite shades of blue.

After our Visit with Hathor, we continue our journey to Luxor.

We will continue working on the Heart Chakra and letting go of Pain, Sadness and Grief, in order to become Pure Joy. We also continue working with the Element of Fire, to Burn away what no longer serves us.

Day 5 Friday 29/10/2021

We wake up in Beautiful Luxor

During our time in Luxor, we will work with the element of Earth and truly ground ourselves into our physical bodies, and become aware of the beautiful gifts of Mother Gaia. We also focus on the Heart Chakra, learning to Love ourselves and experiencing our Power and Divinity.

The Ascension Flame is kept in the Etherics above Luxor. We will connect to the Ascended Master, Serapis Bey, and the Ascension Flame (White Flame of Purity). I work very closely with Serapis Bey, and his mission to Uplift the Divine Feminine.

- 🕉 Luxor is the Heart Chakra of Egypt, and we will do lots of work to Heal the Heart of past trauma and also allow ourselves to become more open hearted
- 🕉 We will have the honour of having some private time in the Chapel of Sekhmet in Karnak Temple
- 🕉 We will explore Karnak Temple which is one of the largest open-air museums
- 🕉 We will witness the magic of Luxor Temple in the evening, where the lighting gives the whole complex a golden glow.
- 🕉 We will visit Hatshepsut Temple; she was one of the few female pharaohs
- 🕉 We will visit a tiny chapel dedicated to the Goddess Isis, where we will again have private time to heal, meditate, sing mantras and receive. Hardly any tourists go there and it is really a little gem off the beaten track
- 🕉 We will also visit Pabasa Tomb, also known as the Beekeepers Tomb. Here we will witness beekeeping in Ancient Egypt. I have not had the good fortune to go into this tomb yet, and because I am a beekeeper, I trust that on this tour, I will get to experience and enjoy the information that is to be found here.
- 🕉 The Valley of Kings and Queens, is not to be missed when visiting Luxor. The exquisite tomb of Queen Nefertari is in the Valley of the Queens, you do not want to miss out on witnessing the absolute beauty and sacredness of this tomb.
- 🕉 You will also have the opportunity to go on a Hot Air Balloon at Sunrise, this is a marvellous experience, not to be missed



After breakfast, we will visit the massive open-air museum of Karnak Temple. Karnak Temple, the Cult temple dedicated to Amun, Mut and Khonsu. The largest religious building ever constructed. The temple of Karnak was known as Ipet-isu or “most select of places” by the Ancient Egyptians. ... The great temple at the heart of Karnak is so big that St Peter's, Milan, and Notre Dame Cathedrals would fit within its walls. Karnak Temple is dedicated to the Theban Triad, Amun, Mut and Khons

☪ The Egyptians believed that towards the end of annual agricultural cycle the gods and the earth became exhausted and required a fresh input of energy from the chaotic energy of the cosmos. To accomplish this magical regeneration the Opet festival was held yearly at Karnak and Luxor. It lasted for twenty-seven days and was also a celebration of the link between the pharaoh and the god Amun. The procession began at Karnak and ended at Luxor Temple, one and a half miles (2.4 kilometres) to the south.

The statue of the god Amun was bathed with holy water, dressed in fine linen, and adorned in gold and silver jewellery. The priests then placed the god in a shrine and onto the ceremonial barque supported by poles for carrying. Pharaoh emerged from the temple, his priests carrying the barque on their shoulders, and together they moved into the crowded streets. A troop of Nubian soldiers serving as guards beat their drums, and musicians accompanied the priests in song as incense filled the air.

At Luxor, the Pharaoh and his priests entered the temple and ceremonies were performed to regenerate Amun, recreate the cosmos and transfer Amun's power to Pharaoh. When he finally emerged from the temple sanctuary, the vast crowds cheered him and celebrated the guaranteed fertility of the earth and the expectation of abundant harvests. During the festival the people were given over 11000 loaves of bread and more than 385 jars of beer, and some were allowed into the temple to ask questions of the god. The priests spoke the answers through a concealed window high up in the wall, or from inside hollow statue

We will have the honour of visiting the Chapel of Sekhmet. This is always one of the highlights of the Goddess Tours. Sekhmet is a lion headed goddess and she is the destroyer of the ego. She will assist us to let go of what no longer serves us individually and collectively. She offers powerful healing to those that are open to it.

After a full morning at Karnak temple, we will have lunch at a local restaurant and then return to the hotel for rest and reflection. We will visit Luxor temple in the early evening in time to witness a beautiful sunset/moonrise. The construction of Luxor Temple was started by Amenhotep III and completed by Tutankhamun. It is also known as The Temple of Man and is a place of healing.



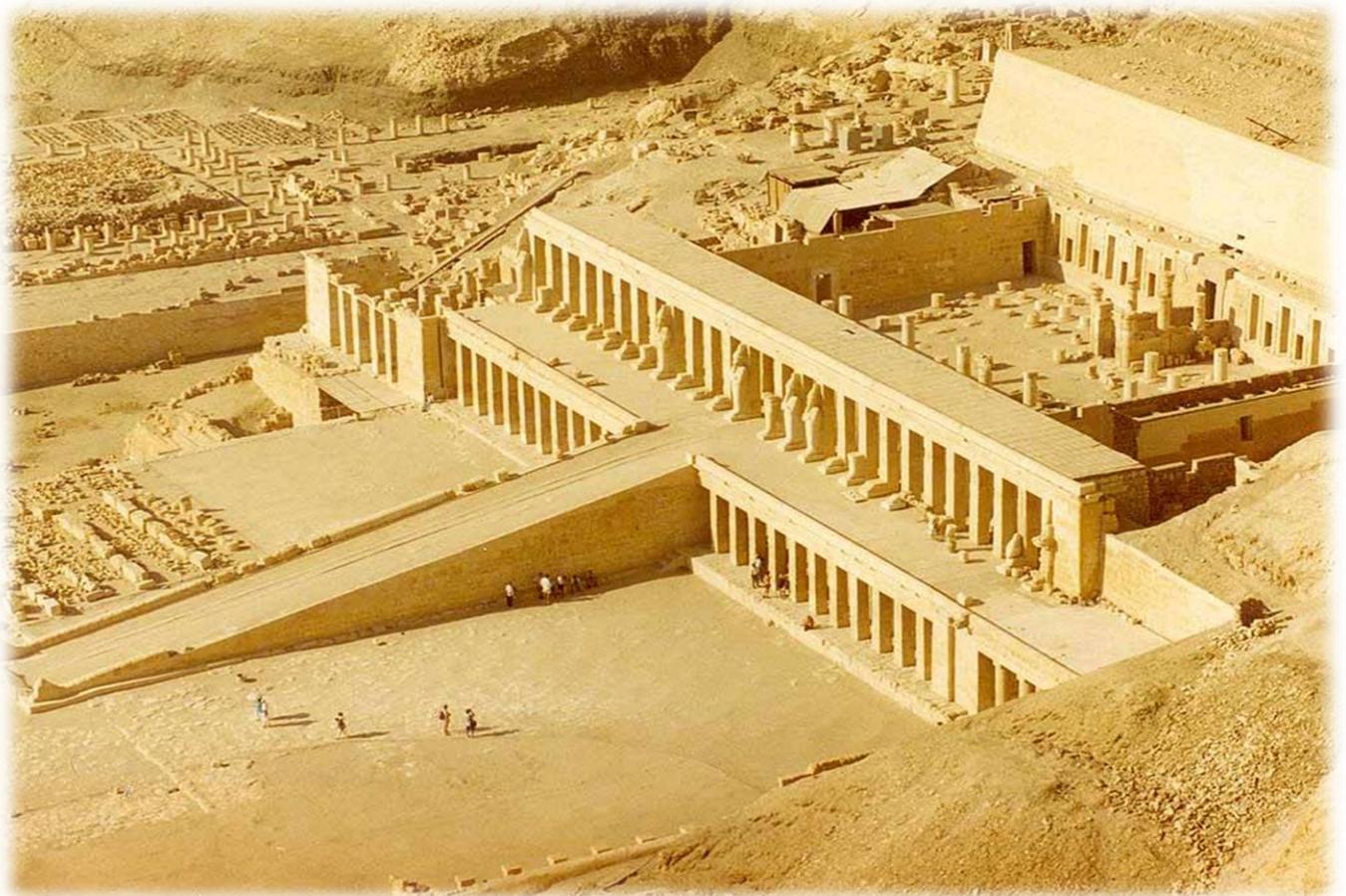
Day 6 Saturday 30/10/2021

We have a long busy day today, so we will start our journey straight after breakfast.

We will start off the morning with a healing session: We will start working with the Heart Chakra, and also the element of Earth. Luxor has a tendency to let one feeling a little airy fairy and spaced out and ungrounded, so this is the perfect opportunity to connect our heart centres to the earth, and ground ourselves. Continuing using mantras and meditation to ground ourselves and connect to the heart.

We will visit the Temple of Hatshepsut. This beautiful temple has a completely different feel to the others we have seen. It is more feminine and softer and I always feel joyful and very connected to the Goddess Hathor when I am there. The temple was built by Queen Hatshepsut, who was one of the few female Pharaohs that we know about today, although I'm sure there were many very powerful Queens that have not been highlighted in Egyptian history. There is a beautiful courtyard, dedicated to the goddess Hathor, and here we witness many statues depicting the various forms that Hathor takes.

The Goddess Hathor is often depicted as a cow. Think of nurturing, softness, nourishment, gentleness. She is also always depicted with cow ears, so she is closely related to the qualities of cows. She is the Goddess of joy, dance, music, alcohol, and all the good and fun things in life.





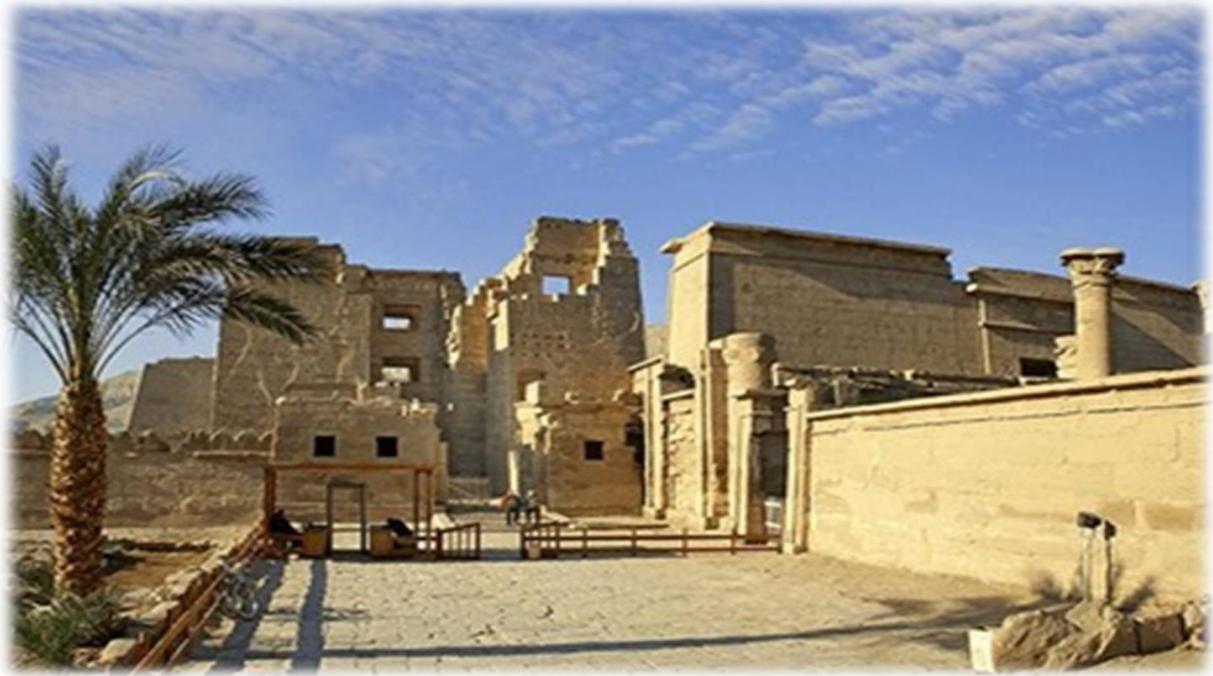
We will take a short walk from Hatshepsut Temple, to visit the Beekeepers Tomb, Pabasa Tomb. Depictions of keeping bees, and harvesting honey can be witnessed in this tomb. Pabasa was the chief steward of the God's Wife of Amun Nitocris. His responsibility, among other things, was to ensure that there was enough food to feed the palace, so growing crops and providing honey, a very prized source of food and medicine, were a very important part of his duties.

After visiting these two beautiful sites, we will head for Medinet Habu.

But first lunch! We will experience eating typical Egyptian food, in a beautiful setting in a tiny little village. You will get to see how the local villagers live, donkey, goats and dogs roam the streets here, and many curious children will come to have a chat and say hello.

We visit Medinet Habu Temple





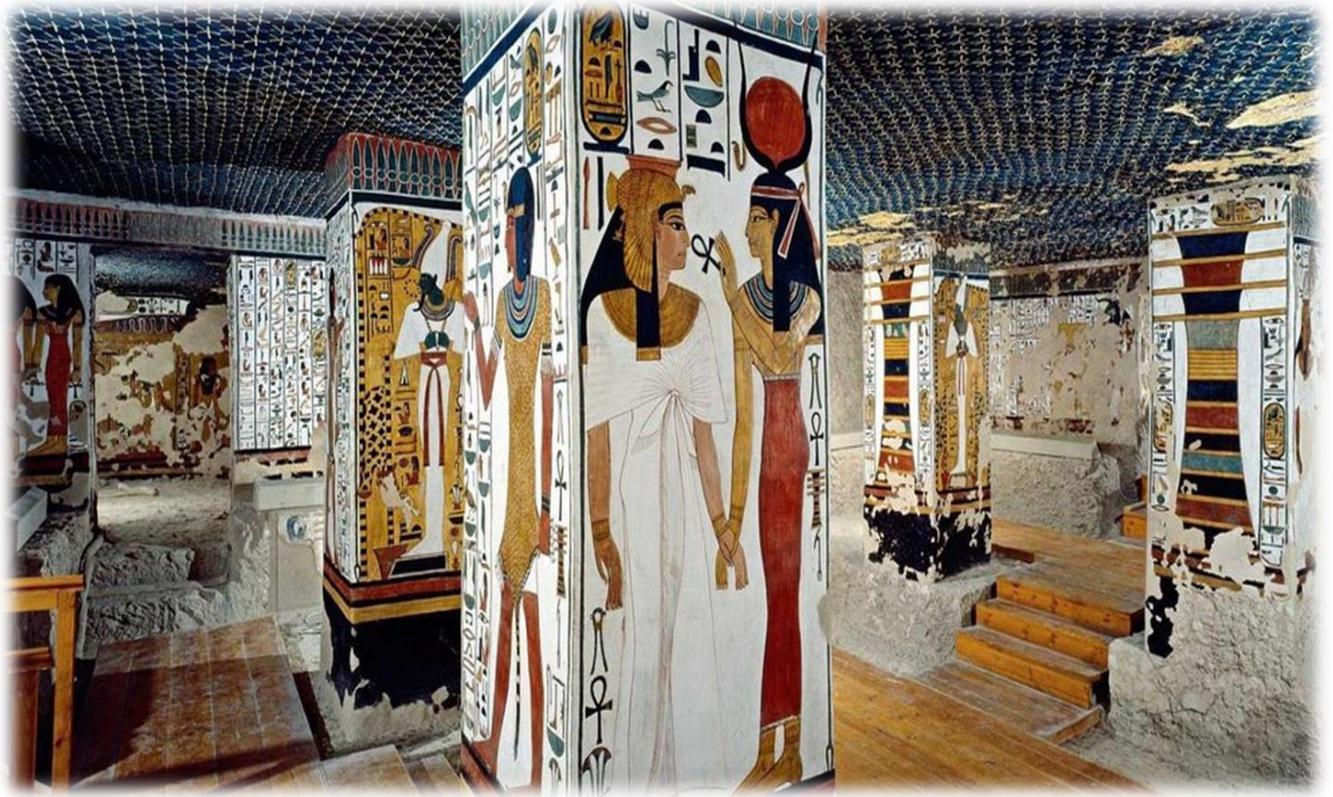
Dinner and Overnight Luxor Compound

We continue working with the element of Earth, grounding ourselves and balancing our Chakras, particularly the Heart Chakra

Day 7 Sunday 31/10/2021

Day 6 Saturday 30/10/2021

We will make an early start to visit Valley of Kings and Queens. The place of the sacred tombs of the Pharaohs. The highlight of today's tour will be an optional visit to the Tomb of Nefertiti. This is a most magnificent place, honouring the beauty, power and serenity of the Divine Feminine.



After our visit to the Valley of Kings and Queens, we will visit a very special place. The Chapel of Isis. This sacred space is very rarely visited by the public and it is normally only my group that is there. We will be doing an Ancient Ceremony, dedicated to Isis. You are requested to wear white clothing on this day. This Chapel, has always brought immense healing to previous participants of Goddess Tours, and I pray that it does the same for this group.



Once we have finished our day's excursions, we will board the Dahabiya, to commence a really beautiful part of our journey together. The Dahabiyas are sailing boats hired exclusively for our groups, so we will have the space all to ourselves for 5 nights. Stopping off at Temples where the general public do not go, and experiencing Magic and Healing.

We will be shown our cabins, or suites if you choose to have a really luxurious time. Then have a delicious lunch as we set sail for Esna. Going through the Loch at Esna is really fascinating, and a lot of fun. Vendors engage in selling their goods, and create such a fun and light hearted atmosphere.

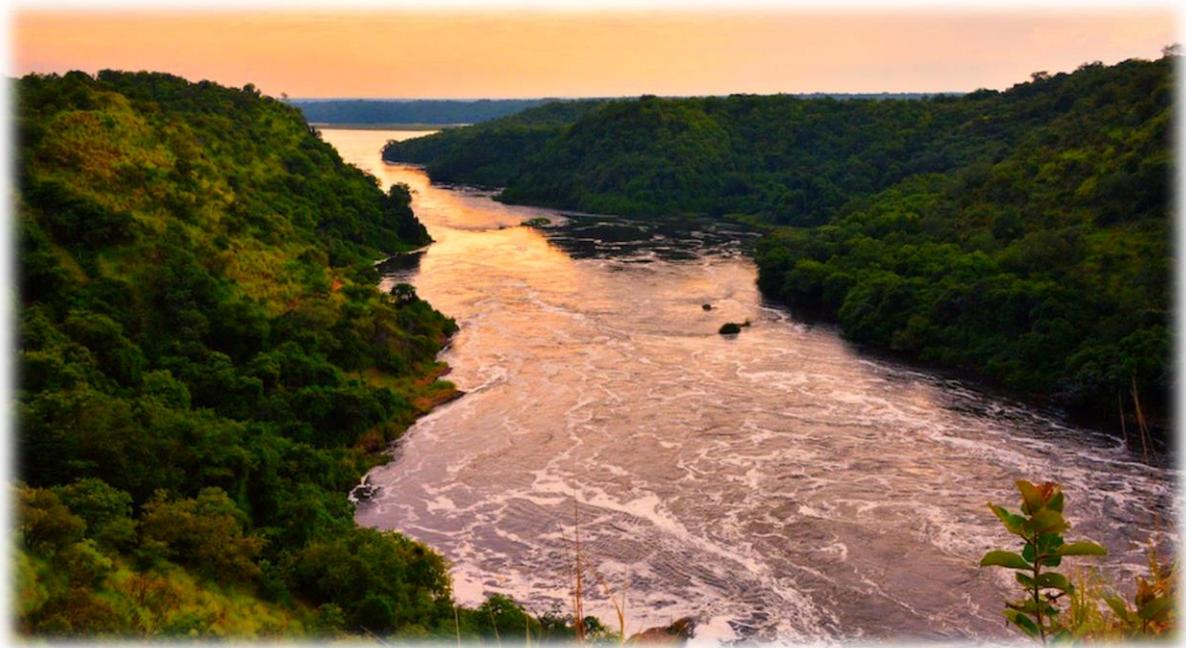
Dinner and Overnight Dahabiya

Day 8 Monday 1/11/2021

We wake up to our first morning on the Nile. Picture yourself having a delicious breakfast, while you watch birds, cows and horses on the banks of the river. We sail past many tiny villages and you get to experience rural life in Upper Egypt.

We will Visit the Temple of Knum at Esna, where the temple has been cleaned of years and years of soot and dust, to reveal the most magnificent colours in all of the Temples of Egypt. In the evening we will do a Water Ceremony, expressing our gratitude and honouring the River Nile.

We start working with the Element of Water. Water is fluid, flowing, has the ability to flow around obstacles. Is able to surrender. We will start examining these qualities in ourselves and see where we need to learn to be like Water, in order to live peacefully and abundantly.



Dinner & Overnight Dahabiya

Day 9 Tuesday 2/11/2021

We will have breakfast while watching the Nile River flow by and continue sailing to El Kab in order to visit the ancient city. We will be taking a fairly long walk, and pass through villages, where we will see how the rural people of Egypt live.

After our walk, we will take a short car ride to the Temple of Amenhotep III dedicated to Hathor and Nekhbet (the Vulture Headed Goddess, who epitomizes the Divine Feminine).



We will do a meditation in this temple, constructed by Amenhotep III (he is now the Ascended Master, Serapis Bey, who is the Chohan of the White Ray of purity and Ascension, and also an advocate for the Divine Feminine. Connecting to our Hearts and the Divine Feminine, we will focus on the aspect of purity of heart, and where we can purify our thoughts and emotions, to truly become Unconditional Love.

We return to our Dahabiyas at around sunset, and in the past, my groups have always experienced the most magnificent sunsets here.



Dinner & Overnight Dahabiya

Day 10 Wednesday 3/11/2021

We will have breakfast while watching the Nile River flow by and continue sailing to Gebel Silsila. This is a massive quarry where rock was taken from and used in the construction of some of the temples across Egypt. Here the Nile is absolutely pristine and beautiful. We will explore these quarries and also take time to admire the beauty of the Nile River here.



We will have the opportunity to meditate on the banks of the Nile. This time, we will learn from the flowing waters of the Nile, to see what we can learn from the Water Element. And connect into our Solar Plexus chakra to discover what fears/obstacles are preventing us from flowing.

Dinner & Overnight Dahabiya

Day 11 Thursday 4/11/2021

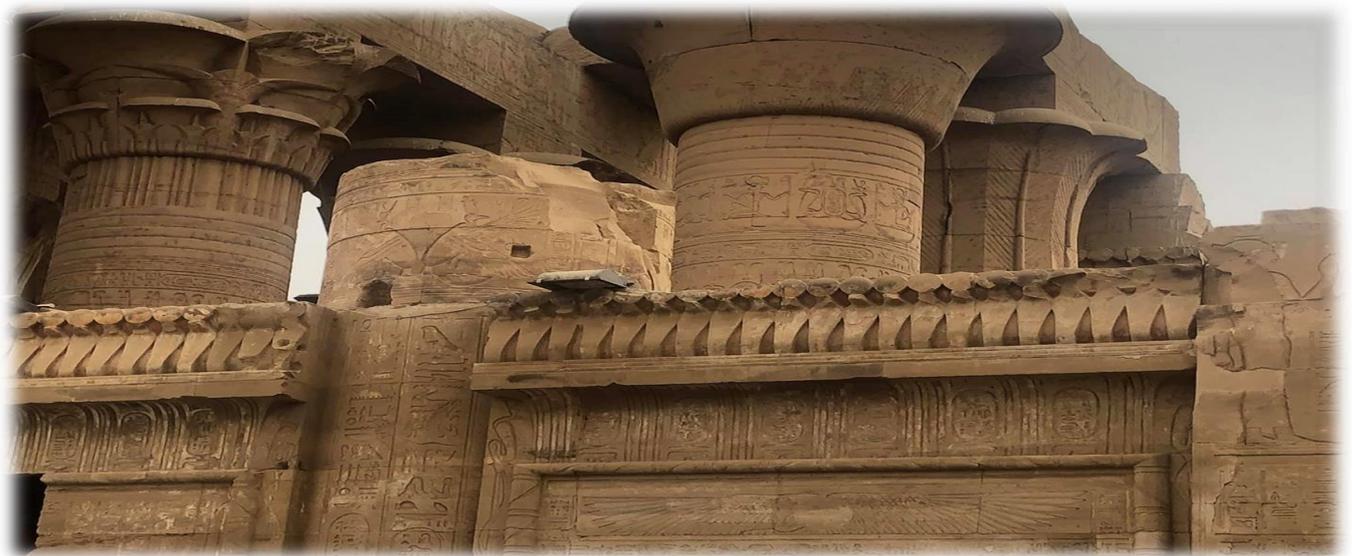
Today we sail to Komombo Temple. This temple is dedicated to two gods, Sobek and Horus. There are many interesting things to observe at this temple:

- 👉 The Agricultural Calendar
- 👉 Surgical Instruments and medical procedures in Ancient Egypt
- 👉 The Nilometer
- 👉 The uniqueness of this temple, since it is dedicated to not only one, but two gods.

I experienced quite an interesting healing here, I was able to see truth, which had been in front of me for ages, but here at this temple it became clear as day. Perhaps there will be some gift for you here?



We start working with the Seat of the Soul Chakra. This is where we create from. What kind of Life are You Creating for Yourself? Are you allowing Abundance, Joy, and Love to Manifest in your life? Are you allowing yourself to flow like Water? We learn to start creating from our Heart and with Love and Faith that everything that we desire, is attainable.



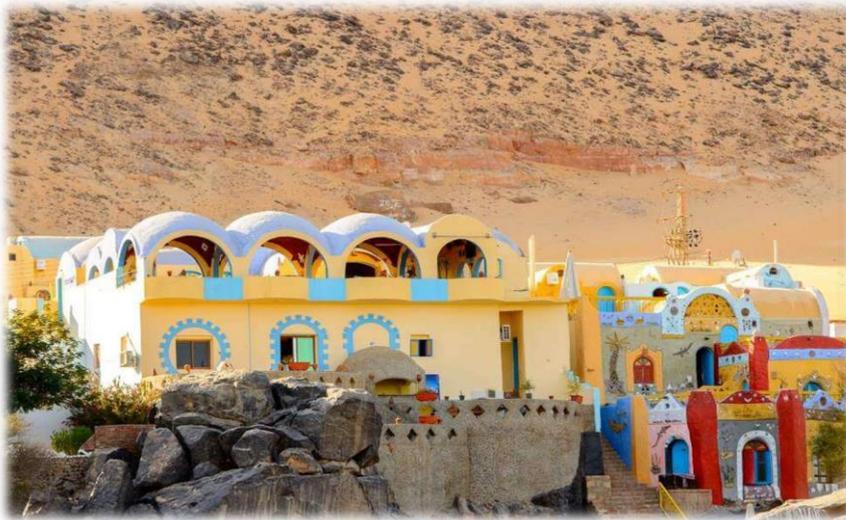
Dinner & Overnight Dahabiya

Day 12 Friday 5/11/2021



Today is a special day. We have a Private Visit at Philae Temple, the temple dedicated to the Goddess Isis. The temple was relocated from its original island, to preserve it from damage caused by the waters of the Nile River.

After a beautiful morning at Philae Temple, we will go by motorboat to visit the Nubian Village. This village has a lovely bazaar where you can shop, explore some of the brightly coloured homes of the Nubians, have tea and maybe get a henna tattoo, or just stroll around and take in the atmosphere. We will have lunch here too, so you will get to taste something a little different and experience a different culture to the rest of Egypt.



Every temple in Egypt has the potential to heal some aspect of yourself, if you are open to receive this healing. We never know how, or what the potential for healing is, just be open and allow yourself to flow in the magic of this beautiful Egypt, and you will return home a different person.

We fly back to Cairo in the afternoon.

Dinner and Overnight Steigenberger Pyramids Hotel

Day 13 Saturday 6/11/2021

We visit Coptic Cairo, and experience the older part of the city with old churches and mosques.



In the afternoon we will visit the famous Khan el Khalili market, where you can browse or buy anything Egyptian at your leisure.

We continue working with Element of Air, and our Throat Chakra. Using sound and our voices to express our needs lovingly, using our voice to heal and soothe ourselves and others, and healing any painful experiences with using our voices in the past.

Dinner and Overnight Steigenberger Pyramids Hotel

Day 14 Sunday 7/11/2021

We visit the Cairo Museum, perhaps we will be lucky and the New Grand Egyptian Museum will be open and we could be one of the first groups to experience the magnificence displayed in this museum.

In the afternoon, we visit the Giza Plateau. Here we will ponder on the mystery of how the pyramids were actually built. There will be an opportunity to ride a camel, and lots of special photo moments.



In the evening.....the moment we have all been waiting for.....PRIVATE VISIT into the pyramid. Here we get 2 hours on our own, to have sound therapy, meditate and explore. A most amazing experience!

We continue working with Element of Air, and our Throat Chakra. Using sound and our voices to express our needs lovingly, using our voice to heal and soothe ourselves and others, and healing any painful experiences with using our voices in the past.

Dinner and Overnight Steigenberger Pyramids Hotel

Day 15 Monday 8/11/2021

We depart from Cairo early in the morning and travel to Fayoum. A desert area outside the vast metropolis of Cairo. There are many sites to visit in Fayoum. Waterfalls, temples, lakes.



We will use this opportunity of being in the pristine stillness, to really go within and love ourselves abundantly, connection with your higher self and intuition, you will understand how you will move forward once you get back home to the daily humdrum of life.

We connect to our Intuition and Third Eye Chakra and communicate with our Souls in this very special place.

Dinner and Overnight Lazib Hotel & Spa - Fayoum

Day 16 Tuesday 9/11/2021

Our last morning has arrived.

We will have a Closing Ceremony and then be transported to Cairo International Airport to catch our flight home.

Thank You for your Tenacity, Bravery and Love. Your participation in this Journey of Self-Love will surely have a ripple effect on all of those who are blessed to be in contact with you!



Tour Cost:

Per Person Sharing in a Double Room	US\$4425
Per person in a Single Room	US\$5195

What's Included:

15 Nights Hotel Accommodation:

- 5 Nights in Steigenberger Pyramids Hotel Giza
 - 1 Night at House of Life Hotel in Abydos
 - 3 Nights in Nile Compound Luxor
 - 5 Nights on the Dahabiya Abundance & Dahabiya
 - 1 Night in Lazib Hotel and Spa in Fayoum
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- 👉 3 Private visits: Pyramid, Sphinx and Philae Temple
 - 👉 All meals: breakfast, lunch and dinner
 - 👉 All entrance fees to sites visited
 - 👉 All transfers to sites, and 2 airport transfers on arrival and departure in a luxury
 - 👉 Air-conditioned bus
 - 👉 Licensed English-Speaking Guide
 - 👉 Most tipping. A gratuity towards the guide and Dahabiya Staff would be appreciated
 - 👉 2 domestic Flights: Cairo/Sohag & Aswan/Cairo
 - 👉 Meditation and Healing sessions
 - 👉 A manual with information about the Chakra System and Mantras
 - 👉 All soft drinks, water and tea and coffee whilst on the Dahabiya

What's Not Included:

- 👉 International Airfare
- 👉 Drinks (except on the Dahabiya)
- 👉 Telephone calls
- 👉 Laundry
- 👉 Medical and Personal Travel Insurance
- 👉 Tipping for the Guide and Dahabiya Staff
- 👉 Optional Excursions

Should you feel called to join me on this beautiful Journey of Love, please complete the Booking Form and pay your deposit to reserve your space.